

NEW CLIENT QUESTIONNAIRE

To begin your journey at Own Your Destiny Coaching please provide responses to the following statements. I look forward to helping you grow.

What influenced your decision to start working with a life coach?

What are some areas of your life that you are seeking coaching in?

What are some personal goals you would like to achieve through the coaching process?

What are some obstacles that keep you from achieving your goals?

What are your life values? What is most important to you?

What are some things that you are looking for in a coach?

Was there a particular service at Own Your Destiny Coaching you were interested in?
(Link to services offered is in drop down menu, and at bottom of home page.) If so, please list which service you are interested in.

What would personal growth look like for you?